



Life Skills Coach Cooking & House Keeping

Working Details:

Facilitate all aspects of food service for the program by planning, organizing, preparing, and serving meals that are nutritious, appealing, and appetizing, meeting the dietary needs of the clients. Work within the kitchen with clients so that they can learn these same skills.

Responsibilities:

- Prepare weekly menus with clients and staff,
- Prepare list and Purchase weekly groceries.
- Facilitate daily food preparation tasks.
- Teach the clients skills associated with kitchen and household management: menu planning, budgeting, proper food storage methods, general cooking skills, cleaning, safe use of appliances, proper storage and handling of household chemicals.
Clean appliances, equipment, utensils, storerooms, and cupboards.
- Participate in team meetings and agency functions as requested.
- Ability to work independently.

Minimum Qualifications

- Minimum three (3) years directly related experience.
- Must be an experienced cook, possess knowledge of basic principles of good nutrition and menu planning; have demonstrated ability to plan for and exercise economy in shopping, in planning, preparing and serving nutritious meals and snacks.
- Must have housekeeping experience and a good working knowledge of basic housekeeping tools, materials, and practices.
- Background in human services.
- Must have a valid driver's license and access to an insured personal vehicle.
- Up-to-date first aid certification.

Starting Wage: \$20.25/hour

Status: Temporary Part Time – 4 months, Contract

Hours: 2-6, M-F, 20 Hours a week.

Send your applications to hr@dmhs.ca with the position title in the subject line.

Please note only those selected for an interview will be contacted.

Durham Mental Health Services is an equal opportunity employer and is committed to inclusive, barrier-free recruitment and selection processes and work environments. Please advise Human Resources of any accommodations needed to ensure your access to a fair and equitable process. Any information received relating to accommodation will be addressed confidentially.