



Relief Worker – General

Job Summary:

The Relief Worker will provide support to the residential program and its clients on a casual/relief basis.

Schedule:

This position is hired on a 'relief' basis. Shifts may be nights, days or weekends depending on the need.

Responsibilities:

- Work with the Housing team to support clients' in the day-to-day activities of the program.
- Provide clients with supportive listening as needed. Encourage the client in problem solving, crisis resolution, and other life skills as appropriate.
- Complete all necessary client documentations. Record relevant information and activities for staff on the upcoming shift.
- Provide assistance with chores and meal preparation. Ensure nutritious meals are prepared according to the guidelines contained in the Canada Food Guide.
- Ensure basic tidiness and cleanliness of shared areas, including kitchen and washrooms.
- Ensure a safe living environment. Conduct regular safety checks and fire drills. Ensure compliance with house rules.
- Respond effectively and efficiently to any emergencies that occur during the shift.
- Monitor clients medications, prompting clients' as needed to assist with compliance.
- Encourage clients' participation in meaningful activities (i.e., attendance at day program, educational or vocational activities.)
- Assist the clients in keeping scheduled appointments.
- Transport clients in the community as required.
- Assist in the supervision of group outings and events. Facilitate house meetings.
- Work in compliance with a health and safety policies, and the OHS A
- Report in writing all accidents, injuries and incidents.

Minimum Qualifications:

- Diploma or degree from an accredited College or University in a Human Services field.
- One year related work experience in a similar role.
- Willing and able to work report to work various shifts schedules, with short notice.
- An up-to-date first aid certificate.
- Driver's License and access to an insured personal vehicle. Must provide proof of adequate insurance coverage on request.
- A satisfactory Vulnerable Sector Screening (Police Check)

Durham Mental Health Services is an equal opportunity employer and is committed to inclusive, barrier-free recruitment and selection processes and work environments. Please advise Human Resources of any accommodations needed to ensure your access to a fair and equitable process. Any information received relating to accommodation will be addressed confidentially.

Send your applications to hr@dmhs.ca with the position title in the subject line.

Please note only those selected for an interview will be contacted.