

Community Mental Health Worker

This is a unionized position.

Job Summary:

The Community Mental Health Worker will provide community- based case management for people who have serious, long-standing, mental health difficulties. Community Mental Health Workers may work with targeted client populations, based on the employee's skills and experience. Caseloads are determined based on client group and funder expectations.

Position is a 6-month Contract

Primary Duties and Responsibilities:

- Complete a comprehensive client assessment and service plan. Assist clients in identifying areas
 of need and goal development, ensuring goals are attainable and time specific, and that the
 client plays an integral role in the decision making process.
- Complete a risk assessment and environmental screen on intake.
- Evaluate client progress and effectiveness of the service plan. Participate in client case reviews with other service providers.
- Refer and coordinate required medical, clinical or other community services, including housing, food, clothing, recreational activities, educational and vocational opportunities, and other relevant services.
- Advocate on clients' behalf.
- Attend appointments with clients as needed.
- Assist clients to develop natural resources and to make contact with social support networks.
- Encourage the client in problem solving and conflict resolution, goal setting, medication management and other life skills as appropriate. Provide direct "hands on" life skills training as needed, i.e., assistance grocery shopping, accessing public transportation.
- Provide the client with information and education about mental health, the mental health system and the Mental Health Act.
- Provide crisis management and linkage to crisis intervention services as needed.
- Facilitate psycho-educational and/or support groups as needed.
- Fulfil responsibilities to accommodate the needs of the agency's partnership agreements. This
 may include working with targeted client populations.

- Work cooperatively as a member of the program team. Participate in team meetings and agency functions. Participate in the development, implementation and evaluation of services provided.
- Maintain up-to-date client records. Complete all necessary file notes, reports and other written documentation on a timely basis and in accordance with agency standards. Compile statistics.
- Participate in professional development activities to maintain competency in field of practice or area(s) of expertise.
- Work in compliance with all health and safety policies, procedures and guidelines and the Occupational Health and Safety Act.
- Report in writing all accidents, injuries and incidents.
- Represent the agency through community outreach and everyday interactions with other community resources, i.e., hospitals, hostels.
- Follow all agency policies, procedures and directives.
- Provide back up support to other agency programs as necessary.

(Note, the above specifications are representative of the basic nature of the position and are not intended to be all-inclusive.)

Minimum Qualifications:

- Diploma or degree from an accredited College or University in the Human Services field.
- Five years related experience in a human services field.
- Valid driver's license and access to an insured personal vehicle. Must provide proof of adequate insurance coverage on request.
- An up-to-date first aid certificate.
- A satisfactory Vulnerable Sector Screening (Police Check)

Durham Mental Health Services is an equal opportunity employer and is committed to inclusive, barrier-free recruitment and selection processes and work environments. Please advise Human Resources of any accommodations needed to ensure your access to a fair and equitable process. Any information received relating to accommodation will be addressed confidentially.

Send your applications to hr@dmhs.ca with the position title in the subject line.

Please note only those selected for an interview will be contacted.