



Durham Mental Health Services

Referral & Request Form

Phone: 1-800-742-1890 or 905-666-0483

Fax: 905-666-2976

Email: contact@dmhs.ca

Website: www.dmhs.ca

Services Requested:

<input type="checkbox"/> Residential – Supportive Housing
<input type="checkbox"/> Community Support – Case Management
<input type="checkbox"/> Justice Initiatives (Release from Custody & Court Support)
<input type="checkbox"/> Family Support
<input type="checkbox"/> Peer Support

Individual Information:

First Name:	Last Name:			
DOB:				
Address:				
Tel No:	Is this a cell #?		Yes	No
Permission to leave a message:	Yes	No	Permission to Text:	Yes No
Mental Health Diagnosis:	Yes	No		
If yes list:				
Physical Health Diagnosis:	Yes	No		
If yes list:				
Reason for Referral:				
Referral Source: Name & Contact Info -				



Description of DMHS Services

C.A.L.L (Crisis Access Linkage Line)

1-800-742-1890 (24 hours / day) For individuals experiencing a personal or situational crisis, we provide 24-hour phone support, a mobile crisis team and/or a short-term stay in our community crisis beds. Also provided is information and linkage to DMHS programs, assistance with navigating the mental health system in general and linkage to other community supports.

Residential Program - Supportive Housing: A range of safe, affordable housing programs, based on need – from high support, staffed 24 hours / day, to supported independent housing, with the goal of helping individuals develop the life skills necessary for independent living.

Community Support – Case Management: Provides person-centered and individualized assistance to individuals with mental health challenges to live independently in the community. Also includes Indigenous, Dual Diagnosis, & Criminal Justice case management.

Family Support: Provides one-to-one support, education and staff-facilitated peer groups, to aid family members in their role of support to a person living with mental health problems.

Peer Support: Peer Support Specialist offers direct support by an individual with lived experience of mental illness and is ideal for people with mental health challenges who could benefit from regular support. Peer Support Specialists provide positive, hopeful and practical support through psycho-educational programming, social networking, linkage to services, life skills support/coaching and assistance setting recovery goals.

Justice Initiatives: Court Support provides support to adults and youth while navigating the criminal justice system and offers consultation, advocacy and linkage to needed resources as well as court diversions. Release from Custody provides intensive case management to support individuals being released from custody to re-integrate in their community.