



REFERRAL AND REQUEST FOR COMMUNITY MENTAL HEALTH SERVICES

Durham Mental Health Services and the Canadian Mental Health Association Durham are working together to coordinate services for clients. Using this referral, please select the program(s) that are most applicable. Please contact us if you have any further questions or visit us online.

Durham Mental Health Services
Fax: 905-666-2976
Intake Program
1 800 742-1890 or 905 666-0483
www.dmhs.ca

Canadian Mental Health Association Durham
Fax: 905-436-1569
Community Access Services
905-436-8760
www.durham.cmha.ca

Referred by:	Date:	Tel No. :
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Service(s) Requested	
<input type="checkbox"/> Community Support	<input type="checkbox"/> Supportive Housing
<input type="checkbox"/> Criminal Justice Case Management	<input type="checkbox"/> Nurse Practitioner-led Clinic
<input type="checkbox"/> Assertive Community Treatment Team	<input type="checkbox"/> Rehabilitation Program
<input type="checkbox"/> Family Support	<input type="checkbox"/> Peer Support
<input type="checkbox"/> Senior Support Program	
Other:	

Client Information		
First Name:	Last Name:	DOB:
Address:		
Tel No:	Permission to leave a message: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Mental Health Diagnosis: <input type="checkbox"/> No <input type="checkbox"/> Yes:		
Physical Health Diagnosis: <input type="checkbox"/> No <input type="checkbox"/> Yes:		
Is this person involved in the criminal justice system? <input type="checkbox"/> No <input type="checkbox"/> Yes		
Additional Comments:		

RECEIVED ON: _____

To Our Clients: In accordance with the Personal Health Information Protection Act, 2004 (PHIPA) all personal health information provided in the above form is confidential. To provide you with the best possible service your information may be shared within and between our two agencies. However, your informed consent will be required if your personal health information is to be shared outside of our two agencies.

PROGRAM DESCRIPTIONS

<p align="center">CMHA: Community Access Services</p> <p>Coordinates all direct referrals to CMHA, and provides links to external programs. Responds to all inquiries about programs and services</p>	<p align="center">DMHS: C.A.L.L (Crisis Access Linkage Line) 1-800-742-1890 (24 hours / day)</p> <p>Provides immediate access to our crisis services, information and direct referrals to DMHS programs, assistance with navigating the mental health system and linkage to other community supports.</p>
<p align="center"><u>CMHA</u></p> <p>Supportive Housing: Group Living: Mental health supports for client in a congregate living situation with 24hour on-call support.</p> <p>Subsidized Independent Living: Consists of mental health supports for clients living in a subsidized unit with 24hour on-call support.</p> <p>Case Management: Provides client centered mental health support to promote independence and enhance quality of life. Services assist mental health clients experiencing a spectrum of co-occurring challenges i.e. with the justice system, concurrent disorders etc</p> <p>Short-Term Case Management: provides brief and intermittent services, assisting with immediate concerns that may not require ongoing support. Case management supports include: criminal justice, peer support specialists, and the ‘hospital to home’ support initiative for Lakeridge Health mental health patients.</p> <p>Rehabilitation Services: A psychosocial recovery based day program, using group participation in education and the kitchen unit. An Older Adults program, peer support and youth trustee services are included in this program.</p> <p>Nurse Practitioner Led Clinic: Provides primary health care through nurse practitioner and nursing services to all community members in the Durham Region through on-site and OTN services. Programs include the Health Living Program which promotes health living and targets cardiovascular disease, weight management and diabetes management.</p> <p>Assertive Community Treatment Team: A multi-disciplinary team focused on intensively helping individuals who experience an Axis I disorder have had two hospitalizations or five or more emergency room visits within the last year. The service provides 24hour on-call support.</p>	<p align="center"><u>DMHS</u></p> <p>Supportive Housing: Consists of a range of safe, affordable housing programs, based on need – from high support, staffed 24 hours / day, to supported independent housing, with the goal of helping individuals develop the life skills necessary for independent living.</p> <p>Case Management: Provides person-centered and individualized assistance to individuals with mental health challenges to live independently in the community. Also includes dual diagnosis case management, transitional aged youth case management, criminal justice case management and transitional case management from Lakeridge Health Oshawa and Rouge Valley Health System.</p> <p>Family Support: Provides one-to-one support, education and staff-facilitated peer groups, to aid family members in their role of caregiver to a person living with mental health problems.</p> <p>Consumer Survivor Initiatives: Peer Support Specialists provide positive, hopeful and practical support through structured activities and social, recreational and vocation opportunities that promote self-acceptance and personal growth. Support is available in both a 1-1 setting, and a group setting.</p> <p>Justice Initiatives: Provides support to adults and youth while navigating the criminal justice system and offers consultation, advocacy and linkage to needed resources as well as court diversions.</p>